

The Spiritual Owl: Empowering Lives Through Wisdom and Mindfulness

By **Editor** - April 2, 2019

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Love, kindness, wisdom and spirituality — these elements lie within all of us. We just need to discover them by creating a deep connection with our inner conscience and renewing our perspective towards the world. However, this journey is often not easy and needs a thoughtful approach to help you achieve indestructible inner peace, harmony and balance in life. Bianca — [The Spiritual Owl](#) — is one such personality who supports and inspires people from all over the world to transform their lives through spiritual guidance.

A Bit About Bianca – “The Spiritual Owl”

Bianca — “The Spiritual Owl” — is a highly regarded Intuitive Spiritual Guide, Mindfulness & Motivational Speaker, Author & Producer. Born in London, England, Bianca grew up as an extremely creative, intuitive, inquisitive and empathic person with a great passion for the Arts, Writing & Travel. She always loved to immerse herself in exploring the beautiful ways we are able to communicate, express ourselves and connect with each other. Bianca has also spent several years traveling the world developing her spiritual path under leading masters in many varied practices and traditions, deepening her spirituality.

After a devastating accident she had when she was 21 and the subsequent life-changing healing experience, she went on to experience her own enlightenment and followed the path to her true

spiritual calling, establishing The Spiritual Owl.

Bianca's Inspiration to Become "The Spiritual Owl"

From a very young age, Bianca had felt an extreme amount of empathy, compassion, and connection to all life, not only humanity but also the environment and the animal kingdom. It was these feelings and insight that continued to shape her journey over the years. She always believed that there is so much more to our world beyond what we are able to see through our physical vision, and that we are all interconnected as one. This belief encouraged her to embark on this wonderful journey of spirituality.

Bianca says, "I began to understand the great importance of knowing that no matter what difficulties I was experiencing in my life (whether it be in relationships, grief, bullying, or the great health challenges I found myself facing), that when I empowered myself to choose to live my life from a place of love, hope, truth, compassion, understanding, peace, kindness and consciousness — anything was possible."

Following her accident and healing, she organized campaigns to raise awareness for her condition and volunteered on a support line. The passion and purpose she experienced while helping others confirmed her deep desire to share this inspirational message with as many people as possible, through her work as The Spiritual Owl.

About "The Spiritual Owl"

Bianca as The Spiritual Owl uses wisdom and understanding to clarify the gifts inside us all, assisting others in clearing energy blocks, achieving self-empowering clarity, inner peace and balance.

Bianca says, "As an Intuitive Spiritual Guide and Mindfulness Motivational Speaker, I focus on a straightforward, grounded and relatable delivery of truth, wisdom, positivity, and possibility, producing mindful content that is accessible for all."

The Spiritual Owl aims to influence with responsibility and purpose, offering transformative insight to help guide people to rediscover their inner wisdom and to live fulfilled, connected, purposeful and love-filled lives, in harmony with themselves on their own unique journey and with the world.

How Does Bianca Promote "The Spiritual Owl"?

Bianca says that a large portion of her business has been referral based. Her mother Gail has been an integral part of this business in her role as Production Co-ordinator, and they are constantly looking at new ways to gain access to audiences from all walks of life.

Recently, Bianca has also re-launched her website, which gives her a wonderful platform to be able to promote and share her message and offering. She also [promotes her business through social media](#) — including her new YouTube channel, "Let the Gift of Kindness be your Daily Practice" and her meditation series, together with ongoing workshops, corporate events, and speaking engagements.

Bianca says, "I also believe in the power of living the message I share through my brand, in every aspect of my daily life, whether it's at the grocery store, in business interactions, or in my personal

life.”

The Primary Targets of “The Spiritual Owl”

According to Bianca, The Spiritual Owl’s target audience is Everyone and she believes that her message is a universal one!

Bianca’s Best Business Achievements and Mission

According to Bianca, her most significant achievement is to be living a life she genuinely loves, to feel fulfilled, connected, abundant and empowered in her chosen life purpose, and at peace with the choice to share her offering with the world. Her mission is to continue to bring purposeful change and hope into the lives of those whom she connects with, and to help them find harmony and balance between work and life, just as she has.

Bianca says, “I truly feel that the ultimate definition of success is peace within.”

Bianca’s Advice for Other Business Owners

Bianca says that adopting a daily meditation practice is one of the most valuable (and proven) ways to quiet the mind and create a deep connection within. It offers increased awareness, clarity and renewed perspective, allowing you to connect with your intuition and to seek the answers within. For beginners, Bianca recommends dedicating at least 15 minutes a day to meditation so they can start to feel the benefits (both internal and external) which will ultimately assist them in making better decisions.

According to Bianca, [our intuition is our most valuable business advisor](#); we just need to learn how to channel it.

Bianca's Outlook for the Future

Bianca envisions to continue creating and producing mindful and conscious content through The Spiritual Owl, that is both profound and entertaining for a global mainstream audience.

She is currently developing a number of projects for television, together with her new inspirational 2-day event, which she would be taking out to audiences across the U.S. in late 2020. She is positively looking forward to releasing her first book later this year, and continuing to share her meditation series with the world.

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Editor

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